

"Slight change in the everyday habits can affect the environment positively"

It was long back when Jasmin was bitten by a viper snake in her Mumbai home in an attempt to rescue it. There was nobody who could attend to her as she was living at the outskirts, so she drove to her mother's home. It was 30 kms away. She, with her swollen excruciating arm, administering an anti-venom just in the nick of time, still did not give up her love for other creatures.

Apart from switching off lights when not in use to recycling plastic bags Jasmin keeps her eye open for any neglected plants in the neighbourhood

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and adopts them. Nurturing them back to health like another, she says, "I cant just leave them to die."

Always providing with shelter to homeless animals, she is presently nursing Peeku at her Delhi home. Still guessing if it's a peacock or peahen, all arrangements are there to make the creature feel comfortable and not feel intimidated.

Jasmin also tries to make her daily cleaning chores environment friendly. According to her there are little things like washing clothes



full load, re-wearing some clothes before a wash, pouring remaining water from children's school bottles to plants, minimal use of AC, keeping the doors and windows open to allow natural light and fresh air to circulate that can immensely affect the environment for the better. "Coming from a Parsi community it is tough for me to become a vegetari-

an," she confesses.

Her inspiration apparently comes from her family, where everyone from her parents to aunts and uncles are inclined towards the betterment of the environment. In fact, her mother, who is a septuagenarian, is actively involved with CEC Mumbai and is working for Ranibagh trees.

— **Padmavati Dwivedi**